

**Physical Education (K-12)
University of Mount Olive**

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title When multiple courses are listed for one competency, only one course is required to satisfy the competency, unless otherwise noted.	Course Offerings
B	Kinesiology, Fundamental Motor Skills & Movement Forms	PED 340*	Motor Learning	F ^e
		PED 375*	Kinesiology	S ^o
C	Anatomy or Physiology	BIO 251	Human Anatomy and Physiology	F
D	Fitness, Nutrition, & Obesity Prevention	HLH 110	Focus on Health	F, S, OL
		HLH 310*	Nutrition	F
E	Sports, Physical & Leisure Activities	PED 102-121	PE Activity Courses (1 SE each)	F, S

Posted: 4/22/2016
Revised: Spring 2016

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.umo.edu